

	Everything is Changing!
Introduction	<p>This has been a very strange time for children and adults alike and at the moment it seems like as soon as we get comfortable everything changes again. Change can be good as well as bad. As we grow up we change, in fact every different thing that happens in our life changes us as we learn, shape and grow.</p> <p>Look at nature and think of the following thing and how they change:</p> <p>An egg A caterpillar A seed</p> <p>Draw a picture of each, how they might change and what they might change into.</p> <p>Can you think of any other examples?</p>
	<p>How have things changed for you? You might be going back to school after time off. You might be joining a new class or even moving up to a new school. You might have a new brother or sister. Mum or dad might have a new job. You might live in a new house.</p> <p>Can you think of any things that never change? What about God? What about love?</p> <p>Here is a bit from the bible that talks about change:</p> <p>Ecclesiastes 3</p> <p>There is a time for everything, and a season for every activity under the heavens:</p> <p>2 a time to be born and a time to die, a time to plant and a time to uproot, 3 a time to kill and a time to heal, a time to tear down and a time to build, 4 a time to weep and a time to laugh, a time to mourn and a time to dance, 5 a time to scatter stones and a time to gather them, a time to embrace and a time to refrain from embracing,</p>

	<p>6 a time to search and a time to give up, a time to keep and a time to throw away, 7 a time to tear and a time to mend, a time to be silent and a time to speak, 8 a time to love and a time to hate, a time for war and a time for peace.</p> <p>9 What do workers gain from their toil? 10 I have seen the burden God has laid on the human race. 11 He has made everything beautiful in its time. He has also set eternity in the human heart; yet[a] no one can fathom what God has done from beginning to end. 12 I know that there is nothing better for people than to be happy and to do good while they live. 13 That each of them may eat and drink, and find satisfaction in all their toil—this is the gift of God. 14 I know that everything God does will endure forever; nothing can be added to it and nothing taken from it. God does it so that people will fear him.</p> <p>15 Whatever is has already been, and what will be has been before; and God will call the past to account.</p> <p>What does this passage tell us? You might want to read it a few times.</p> <p>Everything changes except God. Good things and bad things, there is a time for everything. God stays the same. His love for us does not change. Everything is held within God so even as everything changes God remains the same . Whatever changes are coming your way God will be there for you.</p> <p>A great way to see how change works is to make a seed bomb.</p> <p>Visit https://www.wildlifetrusts.org/actions/how-make-seed-bomb and follow the instructions to make a seed bomb. Find a wild corner of your garden for your seed bomb and then watch as the seeds change and grow, flowers bloom and insects come and visit. Remember that as these things change and grow they are all part of the world, created and held by God. See the beauty in change and feel safe in the knowledge that God is with you.</p>
<p>Closing prayer</p>	<p>Loving God, let me be strong today as I meet new people in new places. Make me brave when I am worried, show me how to learn from everyone around me, and help me to do my very best. Amen.</p>