

Young Saints Lesson Plan

The Lords Prayer

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	The Lord's Prayer
Introduction	<p>The Lord's prayer is one of the most important prayers that we say. We say it every week when in church and you might also say it at home or at school.</p> <p>This is what the bible says in Luke.</p> <p>11 One day Jesus was praying in a certain place. When he finished, one of his disciples said to him, "Lord, teach us to pray, just as John taught his disciples."</p> <p>2 He said to them, "When you pray, say: "Father, hallowed be your name, your kingdom come. 3 Give us each day our daily bread. 4 Forgive us our sins, for we also forgive everyone who sins against us. And lead us not into temptation."</p> <p>5 Then Jesus said to them, "Suppose you have a friend, and you go to him at midnight and say, 'Friend, lend me three loaves of bread; 6 a friend of mine on a journey has come to me, and I have no food to offer him.' 7 And suppose the one inside answers, 'Don't bother me. The door is already locked, and my children and I are in bed. I can't get up and give you anything.' 8 I tell you, even though he will not get up and give you the bread because of friendship, yet because of your shameless audacity[e] he will surely get up and give you as much as you need.</p> <p>9 "So I say to you: Ask and it will be given to you; seek and you will find; knock and the door will be opened to you. 10 For everyone who asks receives; the one who seeks finds; and to the one who knocks, the door will be opened.</p> <p>11 "Which of you fathers, if your son asks for[f] a fish, will give him a snake instead? 12 Or if he asks for an egg, will give him a scorpion? 13 If you then, though you are evil, know how to give good gifts to your children, how much more will your Father in heaven give the Holy Spirit to those who ask him!"</p>
Activity	<p>Jesus is telling us that all we need to do to have a friendship with God is to ask and he will give us every thing we need.</p> <p>But what do the words mean?</p>

“Father,
hallowed be your name,
your kingdom come.
Give us each day our daily bread.
Forgive us our sins,
for we also forgive everyone who sins against us.
And lead us not into temptation.

There are a couple of versions of the prayer which use slightly different words, but they mean the same thing. For ease, this is the version I am using but if you use a different version at home or school you can use that instead.

Our Father in heaven,
hallowed be your name,
your kingdom come,
your will be done,
on earth as in heaven.
Give us today our daily bread.
Forgive us our sins
as we forgive those who sin against us.
Lead us not into temptation
but deliver us from evil.
For the kingdom, the power,
and the glory are yours
now and forever.
Amen.

Try saying the prayer aloud a few times putting stresses on different words. How do the words make you feel? Make a list of what the most important words are to you.

Ask a grown-up to print out the prayer and you could colour them in. You can choose any of the words but you might like to think about:

Father, Hallowed, Name, Kingdom, Give, Day, Bread, Forgive, Sins, Temptation

If you don't understand what these words mean, ask a grown-up for help.

Pick a couple of these words and draw a picture of what they mean to you.

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	<p>Bread - more than just yummy with jam!</p> <p>Bread is a really important part of our faith and we talk about it a lot! Grown ups share bread and wine in the Eucharist service and we do this as a symbol of Jesus' body and the sacrifice he made for everyone when he died for us on the cross.</p> <p>In the prayer we ask God to give us our daily bread. Do you think we are asking for actual bread (the kind you make sandwiches with!) or maybe something else? Maybe we are asking for the things that will keep us alive and happy, maybe we are asking for God's love, or strength to get through tough times. Have a go at making the bread in the recipe link below (with a grown-ups help) and as you put each of the ingredients in think of all of the things we are asking God for when we ask for our daily bread and as you eat the delicious bread you have made remember that God provides all of these things for us, we inly have to ask.</p> <p>https://www.bbcgoodfood.com/recipes/bread-four-easy-steps</p>
Closing Prayer	<p>Say the prayer again - try to say it everyday until you can remember it off by heart!</p> <p>Our Father in heaven, hallowed be your name, your kingdom come, your will be done, on earth as in heaven. Give us today our daily bread. Forgive us our sins as we forgive those who sin against us. Lead us not into temptation but deliver us from evil. For the kingdom, the power, and the glory are yours now and forever. Amen.</p>